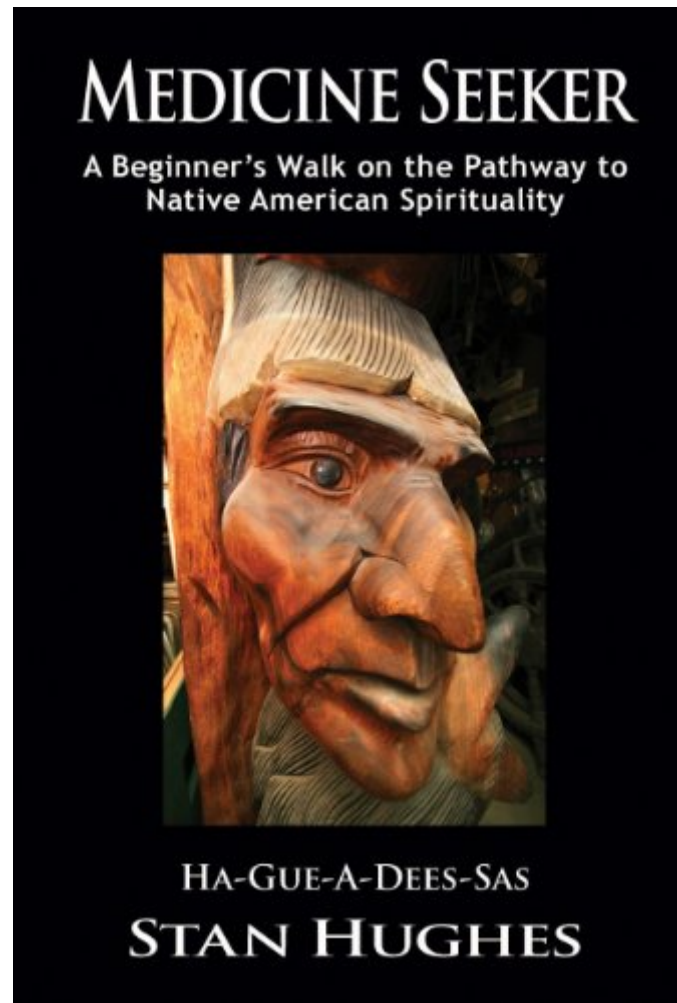




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# Medicine Seeker



## Synopsis

In this personalized look at Native American spirituality, Stan Hughes (Ha-Gue-A-Dees-Sas) combines first-person experience with the words of tribal elders and a historical look at Native American practices. Hughes relates adventures with healing, sweat lodges, a vision quest, and finding his totem animal. The chapters explore... --The Great Spirit--The Sacred Circle--Vision and Power quests--Sacred Pipes--Legends and songs --Dances--Crystals --High Places

## Book Information

File Size: 687 KB

Print Length: 190 pages

Simultaneous Device Usage: Unlimited

Publisher: NorLightsPress (March 10, 2010)

Publication Date: March 10, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B0045JLR5O

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #793,222 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23

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## Customer Reviews

"Medicine Seeker: A Beginner's Walk on the pathway to Native American Spirituality" by author and illustrator Ha-Gue-A-Dees-Sas (Stan Hughes) has been described as a journey, or first-hand experience for the reader, as opposed to facts and findings presented about Native American spirituality practices. Along with Native American spirituality practice information and descriptions, author Ha-Gue-A-Dees-Sas (whose Seneca name means man in Search of His People) writes poems, quotes songs and chants, and creates amazing pictures of totem animal guides that may be

experienced during a prayer, sweat lodge, vision quest or power quest. The meaning of shamanism, the sacred Circle, the sacred pipes, totems and sacred animals, rituals and prayers for death, healing, the warrior, traditional Native American stories and legends, and the power of crystals or rocks, all are included in terse, gentle hypnotic prose that echoes a storyteller's talents. Particularly intriguing to the reader is a systematic survey to help the reader discover his/her totem animal, with beautiful black and white drawings of the animals, also available as prints or notecards. "Medicine Seeker" is a fine contribution to literature for those who search for enlightenment along the ways of Native American spirituality.

I was seeking help on running a lodge that I was given. My teacher and I are walking different paths at this time. This book has helped me to understand more of what I will need to do. Not just for the lodge, but in my life as well. I look forward to checking out some of the books referenced here.

I loved this book. Medicine Seeker is one of those rare gems that you marvel over long after you've had the great fortune to pick it up. Hughes takes the reader on a revealing journey through the secret history of Native American Spirituality. He not only educates the reader, but he provides personal accounts of his own wondrous adventures. I alternately wept, laughed and gasped in awe as I shared the struggle and the joy of each profound experience. It was awesome to learn all the hidden meanings behind the popular Native American ceremonies, including everything from Sun Dances and Sweat Lodges to Pow-wows and Vision Quests. The story of the Dream Catcher is alone worth the price of admission. And as Hughes shares his own experiences with spiritual transformation, the reader can't help but also become spiritually transformed. The book provides a poignant and rare glimpse into how Native Americans are now turning to the Old Ways and are reclaiming their spiritual heritage in today's modern world. Gripping and inspiring, Medicine Seeker most definitely deserves a place in your library. I look very much forward to Hughes' next book!

I've just started my journey into becoming a shaman in this book has helped me in my journey so far, great reference for new and the experienced. It is laid out very good and a very good read. Some writers can grab your attention and carry it long periods of time this to me was one of them books!

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